

# foodspring<sup>®</sup>

finest fitness food

## foodspring revolutionises traditional foods

There are plenty of foods to choose from. But that is not the point. The point is quality and nutritional benefit. The point is that goji berries contain seven times as much vitamin C than oranges. That coconut oil displays significantly more heat stability than olive oil. And that – in contrast with traditionally dried fruits – vacuum drying retains 80% of vitamins in Crunchy Fruits.

More than ever before, consumers look for foods with functional benefits and traceable, natural origins. *“Health and fitness have become a status symbol”,* explain foodspring founders Philipp Schrempp and Tobias Schüle, *“and that is exactly what we are catering for”.*

The young entrepreneurs stand behind their products with passion and enthusiasm. They develop every product in close collaboration with their team of nutritional scientists and food technologists and will not rest until their products are better than anything else on the market: Optimised nutritional benefits, top quality ingredients and excellent taste combined with particular easy preparation and use are top priorities at foodspring.



The foodspring team travels all the way to the Chinese province of Ningxia to source their goji berries. The sun-drenched high plains of the region offer perfect cultivating conditions for the bio farming of this super-food. Once ripened, the berries are harvested and dried under the endless blue skies. One thing is certain: foodspring will never compromise when it comes to the quality of their products. From the initial development at the Berlin-based foodspring laboratory, the meticulous search for the very best ingredients and suppliers, right down to their low-impact, clear packaging – foodspring offers high-calibre, functional foods in the areas of sports nutrition, fitness foods and super-foods.

foodspring caters to every customer individually: Body Check, developed by experts, will recommend a perfectly customised product combination. Factors here are personal objectives, physical characteristics and habits. foodspring nutritionists offer expert advice on any questions regarding nutrition, health and general fitness. The foodspring online magazine offers exciting tips and plenty of inspiration.

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## Our favourites

### Nuts & Berries



This Nuts & Berries mix is absolutely unique: foodspring buyers travel the world to find the very best ingredients. The result: a superb and nutritional mix of pistachios from Iran, Brazil nut kernels from Bolivia and goji berries from China. foodspring has in effect reinvented the good old trail mix: without gene manipulation or additives. Instead: 100% taste and bio quality.



### Whey Protein



You want optimised benefits for sports, muscle building and performance with premium quality ingredients? You will find all that only in Whey Protein by foodspring. The whey for the shake is sourced exclusively from the milk of free-grazing dairy cows. That makes whey one of the healthiest and most efficient proteins for power and endurance athletes.



### Crunchy Fruits



Crunchy Fruits delivers a full daily dose of vitamins and fibre in highly concentrated form. The secret behind Crunchy Fruits? A revolutionary and patented PÄX process in which the fruits are vacuum-dried. The pineapple and strawberries used here are meticulously selected and retain 80% of their vitamin content after drying. Pure fruit, no additives and absolutely delicious.



Find out more about us and our products at: [www.foodspring.de](http://www.foodspring.de)  
foodspring is a Goodminton AG brand.  
Please visit our website at [www.foodspring.de/press](http://www.foodspring.de/press) for image material.

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